



Sharing Your Story in Doses

Sharing your stories in the early months of a new Community Group is an essential part of group members bonding. There are lots of different ways to tell your stories in your group. In this blog post, I'm going to talk about another one. It's a unique approach with a lot of benefits.

Instead of members or couples taking 30-45 minutes to share their complete stories one at a time over a period of a few group sessions, in this method everyone takes about two minutes to share a piece of his or her story each session, across six sessions.

Here's how it works:

Sessions One and Two: Background

Share a few details about childhood, adolescence, high school, college, and early adulthood.

Session Three: Defining Moments

Tell the group about important moments that have shaped who you are. This includes life events and decisions you've made that have brought you to where you currently are in life.

Session Four: Defining Relationships

Talk about some of the people who have influenced and contributed to who you are. Explain their importance during specific seasons in your life.

Sessions Five and Six: Faith

Share a few crucial details about your journey toward a relationship with Jesus. Include specifics that point to God pursuing you throughout your life and how you have ended up where you are today in your relationship with him.

That's it. It's pretty simple, right?

This approach to storytelling has a few big benefits:

Each week, everyone in the group gets to listen and talk. This tends to keep everyone more fully engaged. If someone can't make a group meeting, he or she only missed a portion of everyone's stories instead of missing a member or couple's entire story. Because of the round-robin nature of this approach, storytelling is less likely to stretch on weeks longer than is helpful for the momentum of the group.

If you're looking for a new way to share stories, it may be worth giving this approach a try.